

IMMUNIZATION RECOMMENDATIONS FOR INCOMING UC HASTINGS STUDENTS

California state law requires incoming students under 19 years of age on August 22, 2011 show proof of Hepatitis B immunity. If this pertains to you, please contact SHS about how to submit proof of Hepatitis immunity compliance.

It is also highly recommended that students be up to date on all childhood immunizations and have a record of the following:

- Two shots of **Measles/Mumps/Rubella** (MMR). This is particularly important in light of the recent Mumps epidemic in midwestern colleges that could spread further.
- The date of your last **Tetanus** shot. This is important information in the event of injury while at UC Hastings.

Other recommended immunizations for graduate students:

- The American College Health Association (ACHA) and the Center for Disease Control (CDC) recommend **Meningococcal Meningitis** immunization for people living in close quarters such as residence halls.
- A new formulation of the Tetanus vaccine was released last year that provides protection from Pertussis (Whooping Cough), similar to the childhood DPT. Updating Tetanus status with the new **Tdap** is advised in order to update protection against Pertussis, as this respiratory infection has been on the rise in all communities.
- **Flu** shots are offered at our Student Health Center during the Fall Semester each year and are recommended for students with chronic medical problems, such as asthma or diabetes, or are immunocompromised.
- A new vaccine against human papillomavirus (**HPV**) was recently approved and reduces the risk of genital warts in men and women and cervical cancer in women.

What should I do now?

- Obtain a copy of immunizations from your doctor's office, your high school record or your yellow immunization record book given to you by your doctor.
- Read up on current immunization information. The CDC site also has regularly updated information at www.cdc.gov.
- Please refer to the following links for information about [meningococcal disease prevention](#) and [pertussis prevention](#).
- Consider getting immunizations over the summer.

I certify that I have read and understand the UC Hastings immunization recommendations for incoming students.

Name

Date

